



Take your EFT skills to a new level of *Depth, Effectiveness, Precision, Thoroughness and Healing*



The advanced EFT practitioner Level 3 EFT Workshop

The world of EFT is continually growing and evolving and EFT has developed and advanced a great deal over the last 20 years and especially over the last ten years.

Some of these developments enhance EFT's capability to facilitate healing more deeply and thoroughly. This evolution also shows that EFT is not just a tool for personal or emotional issues but it's also a powerful tool for personal and spiritual growth.

Pre-requisite: [The Level 2 EFT Workshop](#) covers the *essential EFT techniques, strategies and skills* that together form *the foundation* for the more advanced EFT workshops and applications. A *reasonable familiarity* with the primary parts of Level 2 is suggested before doing Level 3.

A [Level 3 Certificate of Attendance](#) is awarded after *attending* this workshop. The opportunity is then available to then work toward becoming a Level 3 *certified* Advanced EFT Practitioner. Of course, a Level 2 EFT Practitioner *certification* would need to be completed first (if not already done). The contents of this workshop meet the requirements of the international [Association for the Advancement of Meridian Energy Techniques \(AAMET\)](#).

Purpose

The purpose of this advanced EFT workshop is to be able to resolve emotional and related issues *with enhanced Depth, Effectiveness, Precision, Thoroughness and Healing*.

Even though this workshop is designed for *practitioners*, there can also be non-professional attendees. It is *also for anyone* who is *serious* about his/her *own personal growth and/or* who has a strong desire to *help others to grow and expand*. And, for some, it can be a major stepping-stone *on the path* to becoming a *masterful* EFT practitioner.

What will you get from this workshop?

- You will expand your knowledge of EFT to include *additional EFT techniques, skills and strategies that every serious EFT practitioner should know*.
- You will be much better equipped to dissolve negative feelings and emotions *more efficiently* and to make real progress even with highly resistant emotional issues.
- You will learn some effective approaches for locating *core limiting beliefs* and then dissolve *attachments* to them and to replace them with positive (i.e. useful) beliefs.
- You will be able to heal emotional problems *more deeply* by being able to locate and work on their *underlying issues or traumas* with *greater precision* and to heal *disowned parts*.
- You will learn some advanced methods for resolving *traumatic experiences* that have had *long-lasting* negative consequences.
- You will have *a richer set of tools to choose from* and be better able to select the right tool for the right job at the right time.

Therapists, counsellors, coaches and healers will find this EFT course to be outstandingly useful. EFT also blends well with many other techniques, approaches and modalities.

Notice: This workshop is primarily an educational and training activity. Even though we will work with real feelings and actual experiences, it is not intended as a therapy or as a substitute for the recommendations of health-care providers. Level 3 teaches the core EFT skills, strategies and techniques that every serious EFT practitioner needs to know and which are consistent and closely aligned with Gary Craig's EFT trainings.

Overview

The contents of this workshop are intended to synchronize with the *international* EFT association known as **AAMET** (Association for the Advancement of Meridian Energy Techniques). It is required that those who will be attending this workshop have attended and completed the Level 2 EFT workshop and are *adequately familiar* with the primary Level 2 techniques and methods.

The purpose of the Level 3 workshop is to help and educate EFT users, students and practitioners by developing their EFT skills further and more deeply and more effectively. It includes a variety of techniques, plus some more advanced EFT techniques that require higher levels of skill and confidence. They are based on years of research around the world (and, especially by Gary Craig, the founder of EFT).

In this workshop, some of these techniques and methods are discussed, some are taught and examined, some are explored deeply, some are demonstrated, and many of the techniques are practiced by the attendees. They are open for discussions and observations.

There are over 30 topics to be discussed *and* explored *and* plenty to be practiced. I will send *an overview of the topics* out to those who have done Level 2 and are interested in Level 3.

Practitioner Skills

This Level 3 workshop is suitable for those who have *attended* the Level 2 Workshop and are now very *familiar* with the Level 2 contents and who want to *learn more* (even if it's only for their *own self-applications*); **OR** are **also enthused** EFT'ers: **OR** who are skilled *lay practitioners* (non-professional); **OR** those who may want to *also go further* (and become *internationally certified* by AAMET) as an EFT Practitioner or an Advanced EFT Practitioner).

The certification programs developed by AAMET include *support, relevant supervision and practices, mentoring, tests, case studies and demonstrations of competence*, and then passed on by an approved AAMET Trainer (such as myself) and, finally, an online test by AAMET.

Self-applications: This workshop is *suitable for anyone* who has attended Level 2 and knows it well before doing so, and now wishes to learn more advanced skills, *even if only for self-applications* of them. After all, if you use EFT with yourself, you are *your own practitioner* and you'll want to have *the best practitioner in town!*

Next Dates

This **three-day** EFT Workshop will be held over **two consecutive days PLUS one more day.**

Workshop: **Two days plus one more agreed-upon day** by attendees **OR** an alternative agreement. It's *normally* 10 am to around 4:30 pm each day. Contact Peter if you're interested.

Contact: Let Peter know **IF** you *are* **or** *might* be interested *in attending this advanced workshop.*

Venue: To be advised (after the dates agreed upon).

Registration: **Call Peter** on (08) 9487 8363 to leave a clear message *and* phone number
or **Text** (or call) 0400 830 798
or **Email** to him at pgraham@inet.net.au (only use this one now)

Fee: **\$450** **or** just **\$145** *if re-doing it.*



Peter Graham, *certified EFT Master (by Gary Craig) and certified EFT Trainer*

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